





9.00-10.00	Outdoor Time	 <p data-bbox="750 571 2033 639">Time to get your brain and body going. Listen to music, dance, build something outside, kick a ball play with dog, go for walk.</p>
10.00-11.00	Academic Time	 <p data-bbox="750 837 1765 871">No electronics, reading, home learning grid, study, puzzles, journal, work in booklets.</p>
11.00-12.00	Creative Time	 <p data-bbox="750 1356 1355 1388">Creative play, drawing, Lego, craft, music, cooking.</p>

12.00-12.30	Lunch	 <p data-bbox="750 470 1115 494">Help make lunch and clean up.</p>
12.30-1.00	Help out at home	 <p data-bbox="750 766 1482 790">Clean room, put away toys, take out garbage, look after pets.</p>
1.00-2.30	Afternoon Relax	 <p data-bbox="750 1106 1348 1129">Reading, nap, puzzles, meditation, listen to music.</p>
2.30-4.00	Academic Time	

		Electronics, educational games,online activities or work on home learning grid or in booklets.
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